

All-Natural, Organic Supplementation

We provide only the highest quality supplementation to help you lose weight and maintain optimal health! Solutions4 products are free of fillers and all ingredients are sourced locally (with the exception of the top quality protein found in Nutritional Shakes, which comes from an organic, grass-fed, free-range dairy in New Zealand).

Solutions4 Detox Kit or 7 Day Cleanse

This kit is designed to deep clean your body from the inside out. Each kit comes with three potent, synergistic supplements to ensure that your detoxification is extremely effective, and that the results are long lasting.



Facials

Our Certified Estheticians provide a variety of professional facial treatments with satisfying results.



Massage

Swedish, Thai, Sports, Deep Tissue, Prenatal

Our Certified Massage Therapists offer some much-needed time for you to switch off and relax, recharge, reflect, detox and beautify.



Far Infrared Sauna

Far Infrared Sauna energy causes you to sweat which aids in getting rid of environmental toxins, hence it is great for detoxifying the body, increase micro-circulation and impacts the parasympathetic nervous system and mitochondria.



Solutions4 Nutritional Shake

Our shakes are loaded with the healthy protein, fiber, probiotics, omega-3 fatty acids, and digestive enzymes that your body needs to lose weight safely and effectively.

These shakes can be a meal replacement or as a delicious post-workout recovery beverage. Available in chocolate, vanilla, orange, mocha and strawberry.



Boost Your Immune System!

My LAX Spa Services

FREE HEALTH & NUTRITION SEMINAR
STRAWBERRY LASER LIPO BODY CONTOURING
ANTI-CELLULITE, DETOX BODY WRAP
MEDICAL WEIGHT LOSS
CHIROPRACTIC CARE
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SAUNA
HYPERBARIC OXYGEN

Call (310) 910-0238

Spa Memberships are available

www.idealw84u.com

Email: support@idealw84u.com

8732 S. Sepulveda Blvd, 2nd Floor
Westchester, CA 90045

Free Parking. Entrance in back
to the left of the Flame Broiler Restaurant.

My LAX Spa



My LAX Spa

Relax and Renew!

Change Your Life
and Feel Great!

INCREASE YOUR ENERGY,
IMPROVE YOUR MOOD,
AND SLEEP BETTER!



It's what we
do at

idealw84u

&

My LAX Spa

